Precision Nutrition

Precision Nutrition acknowledges that

Herb Schwarz

has successfully completed continuing education requirements for the following course:

Precision Nutrition Level 1,
Certificate in Sleep, Stress Management, and Recovery Coaching

August 25th, 2026

CERTIFICATION DATE

KRISTA SCOTT-DIXON, PHD

JOHN BERARDI, PHD

Approved Providers and CEC's awarded:

ACE (CEP233076) – 4 CECs | ACSM (691544) – 5.5 CECs | AFAA (838) – 1.5 CEUs | CIMSPA (2216421-PN) – 10 CPD points | CPTN (CT2022001) – 14 CECs | EREPS (95679) – 10 hours | ISSA (22-620973) – 20 CEUs | NASM (838) – 1.9 CEUs | NBHWC (CE-000103-1) – 15 CEs | NSCA (L1054-HSSML1) - 2.0 CEUs | REPs NZ - 20 CPD | UKIHCA - 70 hours